

Aged Care Act 2025 Bulletin 3

6 October 2025



A weekly bulletin for Vasey RSL Care's aged care community: Countdown to the Aged Care Act 2025 (effective 1 November 2025).

Standard 1: The Person



Standard 1 centres on the individual, recognising and respecting the older person as the primary focus of care.

Standard 3: The Care and Services



Standard 3 seeks to ensure that care and services are safe, effective, optimise quality of life, and meet goals and preferences.

Diversity and Dementia Care

Strengthened Standards 1 and 3 focus on tailoring care to the older person.

Staff must take a **'whole-person' approach to care**, understanding each individual and their unique needs, respecting their rights, and encouraging independence, especially when recovering from illness or injury.

The older person's care must be based on **who they are and what is important to them**: it must be delivered in a way that is culturally safe and appropriate for their specific needs and diverse backgrounds.

Care begins with a comprehensive, inclusive, trauma-informed assessment.

Ongoing engagement between care givers and residents (and representatives) is required to ensure needs are understood and the best possible care outcomes are achieved for the individual.

Care must be delivered safely, consistently and responsively. Communication must be clear and respectful.

Providers are required to have **systems that continuously review** and encourage the use of the skills and strengths of all

residents, including those with dementia or cognitive impairment.

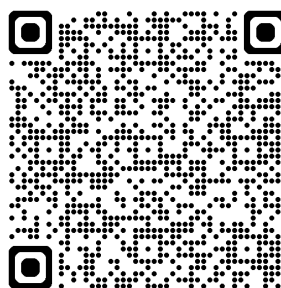
The older person has the **'right to take risks'**, and care providers must respect that right and support the individual in their choices.

Care must be **'culturally safe, trauma aware and healing informed'**.

Culturally safe care: care that is sensitive to the older person's culture and provides opportunities for them to take part in cultural activities that are meaningful to them, if they wish to.

Trauma aware and healing informed care: care that understands and responds appropriately to the impacts of trauma and avoids situations that may trigger trauma; care that provides a safe and healing environment offering empathy and positivity and where dignity, autonomy and choice are the norm.

More Information:



Please refer to government sources for full details.

