



Brilliant Support for Homelessness Week

Each year for the last few years, our executive team and many staff have volunteered with other organisations over Homelessness Week to help provide meals and support those doing it tough. This year, we felt it was time to lead our own initiative – bringing the community together and making a direct impact through our networks. We hosted our first ever food drive in support of Homelessness Week – with wonderful support from you.

In mid-July, we put out the call to our community and wider networks to donate non-perishable food items, which could be left at five locations – our four Residential Aged Care Homes and our Central Office in Hawthorn.

The response was extraordinary, reflecting the generosity of those connected to Vasey RSL Care and the veteran community.

Donations of food items were assembled into packs that were passed on to City of Melbourne's **Make Room** initiative run by Unison Housing and cohealth and **Community Support Frankston**, two organisations that work focus on supporting some of our community's most vulnerable people, those at risk of homelessness or those who have been sleeping rough.

In total, we donated over 100 packs and were able to extend our support to struggling veterans within our own community.

We were grateful for the donation of plastic tubs from Secure Corp, to collect the food items, for large contributions from Highett and Ringwood RSL sub-branches, to local Federal Member of Parliament Kate Thwaites for donating hygiene

products to include in our packs, to Victorian State Upper House Member Sonja Terpstra for her large donation of food items and not least, to all the individuals who donated food and money.

"While there are too many people to thank individually, we deeply appreciate the way everyone came together in support of a common cause," said Tamara Paton, Acting CEO, Senior Executive Officer.

TAMARA PATON (MIDDLE) WITH (FROM LEFT) COUNCILLOR DAVYDD GRIFFITHS, CITY OF MELBOURNE, JAMES KING, CEO UNISON HOUSING, COUNCILLOR GLADYS LIU, ACTING LORD MAYOR, CHRIS TURNER, DEPUTY CEO COHEALTH.



Tour de V Centre, 12-16 Oct – see page 3



From Our CEO

Homelessness Week Outcome

We were surprised and delighted by the response to our first ever Homelessness Week Food Drive in August. With the Veteran Empowerment Program at the V Centre focusing our attention on veterans who are homeless or on a trajectory towards homelessness, this subject is close to our hearts. The economic situation is affecting people all around us and we greatly appreciate your support to help those who are struggling with the realities of an empty fridge.

Thanks to the generosity of our community, we were able to provide much-needed pantry items to a range of organisations that work directly with people who have recently been sleeping rough or at risk of homelessness: this included the City of Melbourne's 'Make Room' initiative run by Unison Housing and Cohealth and Community Support Frankston. Your donations made a real difference in the lives of people doing it tough. Thank you.

Staff Saluting Excellence Awards

I'd also like to thank all those who submitted a nomination for the staff Saluting Excellence Awards. We received over 500 nominations! The Awards will be announced at the annual Saluting Excellence Staff Conference in November.

New Aged Care Act

In our previous issue, the new Aged Care Act and strengthened Standards were due to come into effect on 1 July. However, the Federal Government postponed this until 1 November.

While our Residential and Community Care teams had been working diligently towards the initial date, the extra time has been valuable to the entire aged care sector and we are no exception.

You may be aware that the Government recently announced the early release of 20,000 Home Care packages to address the increasing number of people who have been assessed and are waiting for a package. According to the ABC News, the wait list had grown from 87,000 in March to 108,000 in July, with a further 121,000 older Australians waiting for an assessment. These 20,000 are part of the already-promised 83,000, with a further 20,000 due to be released between 1 November and the end of the year, and the remaining 43,000 due in the first half of next year.

The new Aged Care Act is a response to the recommendations of the Royal Commission into Aged Care Quality and Safety, with the primary goal of ensuring the older person in aged care is at the centre of the system. There will be a new Support at Home



program to replace the existing Home Care Package Program, strengthened Aged Care Quality Standards, stronger powers for the Aged Care Quality and Safety Commission and a new Statement of Rights for older people.

More detail on the changes affecting residents, clients and their families can be found on pages 8 and 9. We commend this to you: do follow the QR code links for more information on the various topics.

Major Step forward for New Development

We are progressing our plans for the Integrated Living Development at Frankston South.

We have not undertaken this lightly and it is a major project for our organisation that will take place in stages over the next seven to ten years.

We will be sharing more about our plans for the project before Christmas with regular updates via our usual communications channels and multiple opportunities to find out more and provide feedback.

I would like to take this opportunity to assure our community that our residents' and clients' needs always come first and this is something we have made a priority with our designers, architects and contractors.

Tour de V Centre – 12 to 16 October

Our very first Tour de V Centre, regional bike ride to support homeless veterans is coming soon!

Launching in Warrnambool on Sunday 12 October, riders will visit Ararat, Ballarat and Geelong, completing 460km to finish at Box Hill on Thursday 16 October.

We are delighted to be working with a committed group of supporters and sponsors to make this happen and to help us raise awareness of the issues faced by veterans of all ages, and the services available to support them – including the innovative Veteran Empowerment Program of course.

We encourage everyone along the route to join us for the launch event in Warrnambool and the nightly dinners with some inspirational speakers. **Book now: see opposite >>>**

Janna Voloshin
Chief Executive Officer



The Inaugural Tour de V Centre 12 to 16 Oct

A 460km Regional Victorian bike ride, raising awareness and seeking support for homeless veterans.

Starting at Warrnambool and taking in Ararat, Ballarat and Geelong before arriving at Box Hill, the Tour de V Centre will promote awareness of veteran homelessness and its causes, and highlight the innovative V Centre Veteran Empowerment Program which is already changing lives for the better.

“We’re looking forward to meeting people along the way and getting together to talk about supporting veterans who are struggling,” says Chris Gray, Executive General Manager, Veteran Services.

Book Your Events Now!

Each night, riders will join with the local community for dinner at our supporting RSL Sub-branches, with fabulous guest speakers.

Don’t miss these events - we’d love to see you there!



Support the Tour de V Centre!
Contact Chris to see how you can help us make this a resounding success:
chris.gray@vaseyrslcare.org.au



Congratulations Damian!

Former V Centre participant, Damian Hastie, took part in the Australian Masters Championship earlier this year and was proud to finish with third place in the javelin in this Australia-wide championship. This means that Damian can go on to the Oceania games in Brisbane.

Damian took the opportunity to spend time in the Veteran Empowerment Program at the V Centre in Ivanhoe, where he worked hard to overcome challenges.

Damian (pictured far right) tells us that it was thanks to the support he received at the V Centre, and the opportunity to use the well-equipped gym (thanks to a significant donation from the Mildura RSL Sub-branch) that he was able to compete. With his third placing here, he qualifies to compete in the Oceania Masters Championship (taking place just after this goes to print).

“We are delighted to hear such great news from Damian,” says Chris Gray, Executive General Manager Veteran Services. “Fantastic result – great to see him so focused and healthy. Thanks Damian for keeping us up to date and good luck at Brisbane!”



Aged Care Employee Day - 7 August

At Vasey RSL Care we have more than 600 staff: providing round the clock care to over 300 people, our residential aged care services employ the majority of our staff either in hands-on or supporting roles... so Aged Care Employee Day is one we celebrate whole-heartedly!

Vasey RSL Care sends a small gift to all staff on this day, as a token of appreciation for the unique contribution that every person makes to this organisation and to supporting our residents, clients and participants.

CEO, Janna Voloshin, sent a message of thanks to staff, noting, "We often talk about the trust that families place in us and I want you to know just how meaningful that trust is. Families trust you with the care of their loved ones – and that is no small thing."

Each aged care home celebrated the day in their own special way...

PHOTOS FROM LEFT:

BRIGHTON EAST ENJOYED PIZZAS AND SOFT DRINKS FOR LUNCH; BUNDOORA STAFF AND RESIDENTS MADE IT A PYJAMA DAY WITH A BARBECUE LUNCH; FRANKSTON SOUTH SHARED A VARIED BUFFET LUNCH; AND BRIGHTON STAFF FROM ALL SHIFTS WERE TREATED TO PIZZAS!



Be the Voice! Your Voice is Powerful

Calling for members for our Consumer Advisory Bodies and Quality Consumer Advisory Body.

Being part of your Consumer Advisory Bodies helps your voice to be heard. The information you give goes directly to our governing body, the Board, and helps shape the way your care service is run.

Consumer Advisory Bodies can help fix problems and improve care. They give you a way to talk about

care and service quality with others and share this with our organisation's leadership.

Membership is open to residents and to residents' representatives.

Please contact your Residential Manager to express your interest or to find out more.



REMINDER: Food Services Feedback

Our food services provider, Morrison Living (formerly Medirest), offers a simple way for residents and family members to provide feedback on residential aged care food services. Feedback is collated and reports are sent to Residential Managers each month.

The system is available in dining rooms, where Morrison Living staff can assist, or you can simply scan the QR code shown here to access the system.



If a complaint is received via the system, the Morrison Living team is alerted and will look into the situation and respond.

We encourage you to use the system to provide any feedback about our residential food services.

Supporter News Update

Major Donation from Costas Constructions

We have been working with Costas Constructions on our Bundoora Ex-Service Accommodation development for the last few years, and as their work approaches completion, we were delighted to receive a donation of \$80,000 to support the work of our V Centre Veteran Empowerment Program.

Our CEO Janna Voloshin said, "This support from Costas Constructions is more than just financial support – it's a strong statement of belief in the work we are doing at the V Centre. This will help us reach more veterans and give them the chance to rebuild their lives with dignity and purpose."

Costas Constructions' Managing Director, George Costas, told us, "Supporting those doing it tough is a cause close to the company's heart. We're proud to be a major donor to a program delivering real solutions to homelessness which reflect our deep commitment to building with purpose and supporting communities in need."



FROM LEFT: MICHELE LEWIS (BOARD MEMBER), JANNA VOLOSHIN (CEO), BARRY LOWE (BOARD MEMBER), ANDREW CARSWELL (COSTAS CONSTRUCTIONS), GEORGE COSTAS (MANAGING DIRECTOR, COSTAS CONSTRUCTIONS), KYLIE DICK (SPONSORSHIP & FUNDRAISING OFFICER).

Defence Health Partnership Renewed

We are delighted that Defence Health Ltd has extended its partnership to support the V Centre Veteran Empowerment Program for a further six months.

Defence Health's purpose is to protect the health of those that protect our country and their support for this program is a way to show their commitment to that purpose.

The Defence Health team has been highly engaged in a volunteer program to support their partnership with us and to offer hands on help to our community.

In May, volunteers visited our Cheltenham Ex-Service Accommodation (ESA) site to

help with a clean-up day (pictured below left) and in June, volunteers helped at our Frankston South ESA, dropping in to see residents and providing information about self-care in winter (below right).

Thank you to Defence Health CEO David Brajkovic and Deputy CEO Tanya Haines for their ongoing commitment.



Get Involved!

If you or your organisation is interested in getting more involved with Vasey RSL Care, whether it's partnership, sponsorship, holding a fundraising event, setting up regular giving or workplace giving, or simply finding out more, please contact our Sponsorship and Fundraising Officer Kylie Dick, at donations@vaseyrslcare.org.au

...or take a look at the 'Get Involved' booklet on our website >>>



Advocating for Our Community

Vasey RSL Care depends on Government for funding for various parts of our business, such as residential aged care and home care contributions and grants for specific programs, as well as support within Government to further the cause of the unique needs of veterans and their families.

Over the past three years, this work has become central to our organisation, forging stronger relationships to enable us to achieve our strategic goals of responding to the changing needs of our community.

This initiative is bearing fruit, with stronger ties to all three levels of government and better awareness of our work among both members themselves and their advisers and support teams.

Vasey RSL Care is doing important work for our community. We are the largest Australian provider of veteran-centred accommodation services. Our programs are innovative and responsive to the needs of current veterans of all ages.

Ensuring that our elected officials are aware of what we do, particularly in their electorates, is vital, and we have been delighted to have many opportunities to show and talk about our services with government representatives this year.

In March, we welcomed **Zoe Daniels** and **Tim Wilson** on separate visits to our Brighton Aged Care Home, each vying for the Federal seat of Goldstein!

In April, to mark ANZAC Day, **Colin Brooks MP**, **Jodie Belyea MP**, and **Paul Edbrooke MP**, each took up our invitation to come and bake ANZAC biscuits with our residents, Colin at Bundoora, and both Jodie (pictured here) and Paul at Frankston South.



This has become an annual event and is greatly enjoyed by all.

In July, a ceremony was held during NAIDOC Week at our Cheltenham Ex-Service Accommodation (see details on page 11) and we were delighted to welcome **Mark Dreyfus MP**, Federal Member for Isaacs and **Meng Heang Tak MP**, State Member for Clarinda.

Victorian Upper House Member, **Sonja Terpstra MP** visited our Bundoora Residential Aged Care site and our soon-to-be-completed Ex-Service Accommodation in September, joining us for a tour and a chat, and generously bringing a food donation for our Homelessness Week drive.

Luke Gosling OAM MP, Special Envoy for Defence, Veterans' Affairs and Northern Australia (and also a veteran) visited the V Centre in early September. Luke cares deeply about the challenges facing the veteran community and spent time meeting with current and former Veteran Empowerment Program participants and hearing their stories of resilience in the face of adversity. Luke advocates for veterans across Australia and we are thankful for his time and interest.

Bundoora New ESA Update

We are pleased to report that the development of 20 brand new affordable housing units adjacent to our Bundoora aged care home continues to progress well.

Inside the units, power was connected and underground services completed. Plumbing and electrical fit-out,

painting, floor and wall tiling are all done, with final fit-out works approaching completion.

The external painting of all units has been finished and landscaping is underway with concrete driveways complete and garden beds in progress.



Australian Light Horse Memorial Ride

On 4 March this year, a group of riders set off from Shepparton in memory of Australia's Light Horse soldiers. Over the course of the following six weeks they rode via Benallia, Albury and Wagga Wagga to Harden, and after a break, via Gundagai, Tumut, Tumbarumba and Corryong to Tallangatta.

Vasey RSL Care Ex-Service Accommodation resident, Bob Pride, a keen horseman in his past, was part of the team that supported riders along the way.

The Chauvel Anniversary Light Horse Memorial Ride is named in honour of General Sir Henry (Harry) George Chauvel CMG KCB, a legend of the Australian Light Horse.

He was born at Tabulam in NSW on 16 April 1865, the second child of graziers and cattle farmers. His father had served in the British Army and started his own unit, the Upper Clarence Light Horse, which Harry joined. Managing the cattle, Harry became an excellent horseman.

He was commissioned as Captain into the Queensland Mounted Infantry and commanded the A Squadron in the Boer War for which he received his Companion of the Order of St Michael and St George (CMG).

After the war, he married Sibyl Jopp and together they had four children (with one of their daughters becoming the author of well known book 'The Silver Brumby').

During this time, Harry contributed to the training of the Light Horse in Australia and by 1914 he had risen to the rank of Colonel. When war broke out, he was appointed to command the 1st Light Horse Brigade of the Australian Imperial Force. He served in Gallipoli, Egypt and famously, at Beersheba, where he ordered the successful charge to capture the city at sundown.

Harry died on March 4 March 1945, his riderless horse following the gun carriage to Springvale Crematorium.

Harry Chauvel's life of service to his country and the service of Australia's Light Horsemen is remembered with the Ride beginning on the 80th anniversary of Harry's death and ending on the 160th anniversary of his birth.

Behind the Ride are Pat Leary from Coolamon, Ewan McLean from Shepparton and Ross Smith from Tallangatta, who set about keeping the memory of the Light Horse alive for future generations.

"It is important we remember", Pat says. "Our Light Horsemen did so many heroic deeds and let us never forget the remarkable animals under them. What a mighty combination... what history they made together."



The Chauvel Memorial Ride "is a celebration of Australian history, community and the spirit of remembrance," said Pat Leary, one of the Ride's founders.

ABOVE FROM TOP RIDERS PARADE AT THE RIDE START IN SHEPPARTON; A GLORIOUS DAY OVERLOOKING THE SNOWY MOUNTAINS.

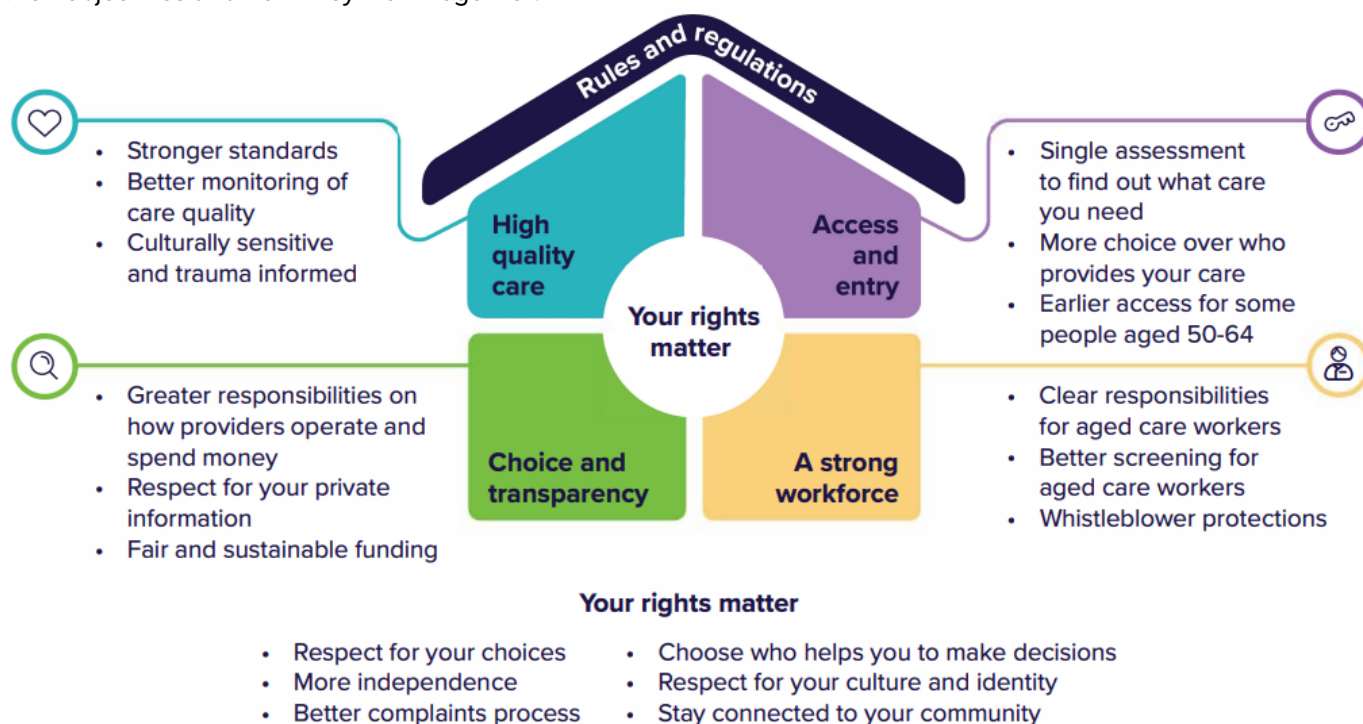
BELOW CLOCKWISE FROM TOP LEFT: AMANDA McLEAN INTRODUCES HER HORSE TO RESIDENTS AT THE CORRYONG AGED CARE CENTRE; RIDERS IN WWI COSTUME; 'WHAT'LL IT BE SIR' - IT'S NOT ONLY THE RIDERS WHO GET THIRSTY; A VISIT TO THE DEVENISH SILOS WHICH FEATURE A TRIBUTE TO WWI NURSES AND THE AUSTRALIAN LIGHT HORSE BRIGADE BY ARTIST CAM SCALE.



New Aged Care Act: 1 November 2025

The New Aged Care Act is the Federal Government's response to the findings and recommendations of the Royal Commission into Aged Care Quality and Safety. Originally due on 1 July, it will now come into effect on 1 November.

The Government states that the new Aged Care Act 'puts you at the centre of your aged care'. The illustration below (from <https://www.health.gov.au/our-work/aged-care-act/about>) shows the key elements of the new Act, their objectives and how they work together:



The New Aged Care Act will:

- ✓ Introduce a Statement of Rights for older people receiving residential aged care or home care to embed the protection of the older person's rights into all aspects of care and service delivery' - this replaces the previous 'Charter of Aged Care Rights',
- ✓ Launch the 'Support at Home Program' which will replace the Home Care Package Program from 1 November,
- ✓ Give stronger powers to the regulator, the Aged Care Quality and Safety Commission (ACQSC),
- ✓ Introduce a new regulatory model that will change the way the aged care sector operates,

with a 3-year accreditation cycle across all services of a provider at the same time,

- ✓ Introduce strengthened Aged Care Quality Standards, with Food and Nutrition added as Standard 6, and an increased focus on person-led care, meeting the needs of older people with specific needs, and ensuring culturally-safe, trauma-aware and healing-informed care,
- ✓ Give older people and their supporters a greater say and a more independent voice about the care and services they receive,
- ✓ Provide protections to those who speak up when they are not satisfied, and
- ✓ Better equip providers to handle complaints effectively.

'No Worse Off Principle'

With the introduction of the new Aged Care Act, there will be changes to funding contributions from service users. A transitional 'no worse off principle' will apply to current residential aged care clients and home care clients.

For **residential care**, the principle applies to people already in residential aged care on 31 October 2025, while for **home care**, this principle ensures that existing clients, and those approved for a package at 12 September 2024, and those on the National Priority System, do not pay higher contributions than they pay in the current Home Care Package Program (HCPP).

New 'Registered Supporter' Role

With the new Act, the role of 'Registered Supporter' is being introduced.

The Royal Commission into Aged Care Quality and Safety noted the importance of supported decision-making to ensure older people have control and choice over their own life and care.

The new Act puts the rights of older people first and a key change is that every older person is presumed to have the ability to make decisions.

Some older people may want or need support to make decisions, and the new Act ensures that they can choose who can support them with decision-making.

These people can become a **registered supporter**.

Becoming a registered supporter does not provide a person with decision-making authority for the older person. Rather, a registered supporter provides support to the older people to help them make and communicate their own decisions in aged care.

You can view this government document at this link:



My Health Record

'My Health Record' is the Government's summary of our personal health information, stored online.



You can access and share your health information, safely and securely with authorised practitioners, such as doctors, hospital staff, and clinical staff in aged care. This is very helpful for aged care residents and home care clients as it ensures that the practitioners treating you have accurate and up-to-date health information about you.

Every Australian who has EITHER a Medicare care OR a DVA Gold, White or Orange Card, automatically has a My Health Record - UNLESS you have previously opted out. (If so, you can register again.)

Switching on this Feature at Vasey RSL Care

In October, we will be 'switching on' the system so that the My Health Record information becomes available in our own systems so our clinical staff have access to it when needed (unless you have previously opted out).

Note: you can choose to opt out at any time. To do so, you will need to log into your MyGov account and cancel your My Health Record. Note that the information will be permanently deleted and cannot be recovered. If you opt in again in future, the information stored will be from that date onwards only.

Follow the QR code to find out more >>>



Statement of Rights:



New Regulatory Model:



Strengthened Standards:



Bulletin for Residential Aged Care

A weekly bulletin will be provided to our residential aged care community from late September until the launch of the new Act.

Residential Aged Care News Roundup

Victory in the Pacific (VP) Day 80th Anniversary

On 15 August, it was 80 years since Victory in the Pacific was announced as World War II began to finally come to an end after six years of global conflict.

We have many residents at our aged care homes who still remember that day like it was yesterday, and we thank them for their service and the peace we enjoy today. This very special anniversary was commemorated by our residents and staff.



At Brighton East, Harold and Marjorie were interviewed by The Australian – and made front page news!

Harold to feature Online

The Department of Veterans' Affairs will be featuring Vasey RSL Care Brighton East resident, Harold Ristrom, on their website.

In June this year, the department sent out their film crew to interview Harold about his life and his care here at Vasey RSL Care.



Harold served in the Royal Australian Navy during World War II from August 1942 until July 1946.

Harold talks in the video about how he came to move to Brighton East and how he finds living there.

The video will be online on the Department's website in the next few months.

Joan shares her secrets on Channel 7

Joan Turnour, a resident at Vasey RSL Care Brighton, was recently interviewed for a Channel 7 documentary highlighting the contributions of Australians during World War II.

Joan served in the Navy as a codebreaker, helping to track the movements of Japanese ships – a remarkable and historically significant role that remained classified for many years. Her insights and experiences will form part of this important documentary, honouring those who served behind the scenes.

Joan enlisted on her 18th birthday in 1944 and worked in Albert Park as a codebreaker until 1947.

Signing the Official Secrets Act when she signed up, Joan (pictured here then and now) never spoke about her work, not even to either her first or second husband.



"In 2011 she received a parcel from the British Government containing a letter of gratitude from Prime Minister David Cameron, and a medal from Bletchley Park," her daughter Jill tells us. "We were all stunned and full of admiration for her war work".

Vietnam Veterans Day

Commemorations for Vietnam Veterans Day on 18 August were held at our aged care homes to remember the fallen and to acknowledge all who fought in this War, particularly those in our own aged care community.

PICTURED BELOW: FRANKSTON SOUTH (TOP); BUNDOORA.



Are you following us on FaceBook?

Our Lifestyle & Leisure staff provide a whole range of activities for residents to take part in if they wish. We share many of these on FaceBook, so follow us to keep up with what's happening:

facebook.com/VaseyRSLCareSalutingExcellence/

NAIDOC Week Event at Cheltenham ESA

Australia's Indigenous peoples are the oldest continuous living cultures on Earth – a truth we at Vasey RSL Care proudly acknowledge and celebrate.

To mark NAIDOC Week in July, our Cheltenham Ex-Service Accommodation (ESA) community hosted a flag-raising ceremony: the Australian Aboriginal Flag, the Torres Strait Islander Flag and Australian National flag now stand proudly and permanently inside our community hall – a lasting tribute to Australia's rich and diverse cultural heritage.

Cheltenham resident Mark gave a powerful speech on the importance of Indigenous culture within the veteran community, reminding us all of the value of truth-telling, connection, and shared history.

We were honoured to be joined by several distinguished guests including Mark Dreyfus MP, Federal Member for Isaacs, Meng Heang Tak MP, State Member for Clarinda, Janice Furstenberg, President, VAJEX Australia, Ned Moyle, President, Mentone RSL, Claire Faulkingham, General Manager, Mentone RSL and

Mike O'Meara OAM, Chair, Vasey RSL Care Board.

NAIDOC Week is a time to reflect, celebrate, and elevate First Nations voices – and a reminder that acknowledging our Indigenous heritage matters every day.

PICTURED: BELOW LEFT: RESIDENTS MARK AND ALAN WITH EXECUTIVE GM CHRIS GRAY RAISING THE THREE FLAGS. BELOW RIGHT; BOARD CHAIR MIKE O'MEARA OAM, MARK AND CEO, JANNA VOLOSHIN.



Our Positive Duty

Everyone has the right to feel safe and to be treated respectfully at work.

Sexual harassment, sexist behaviour and sex discrimination will not be tolerated.

If you experience or witness any of these behaviours at work, it is safe and appropriate for you to report it to a senior manager.

Vasey RSL Care has a Positive Duty to eliminate these behaviours.



As part of Vasey RSL Care's commitment to providing a safe and inclusive workplace, we take very seriously our obligations to prevent workplace sexual harassment and harassment or discrimination on the basis of someone's sex. While our goal is for such conduct never to occur in Vasey RSL Care workplaces, if it does, we will respond fairly and with empathy and understanding of the impact it can have on the individual involved.

Unlawful conduct of a sexual or sex-based nature could occur between any parties in the workplace, including employees, contractors, residents, clients, participants, consultants or visitors. We expect everyone who engages with our workforce to treat one another with respect, and not engage in such behaviour or judgements.

All Vasey RSL Care employees receive periodic training on these topics and have channels to obtain guidance or raise concerns if an incident occurs. Vasey RSL Care has a Positive Duty Action Plan to support continued enhancement of protections for everyone in our workplace regarding sexual harassment and sex-based harassment or discrimination.

More information: humanrights.gov.au

Regular Visitors from HMAS Cerberus



Residents at Vasey RSL Care Frankston South are delighted to have new regular visitors. A group of trainees from HMAS Cerberus visit once a month to meet and chat with our veterans over afternoon tea.

This is a great opportunity for new recruits to hear from those who served our country in times past. A big thank you to all the recruits.



Donate to Support Those Who Served

Vasey RSL Care is a not-for-profit with charitable status and your donations help support our programs: all donations of \$2 or more are tax deductible. To donate please complete the form below and send it to: Ms Janna Voloshin, CEO, Vasey RSL Care, PO Box 203, Hawthorn VIC 3122



One-off Donation: ☐ \$50 ☐ \$150 ☐ \$300 ☐ Other \$ _____

Regular Donation: I would like to make a monthly donation of \$ _____ per month[#]

First Name:^{*} _____ Family Name:^{*} _____

☐ My cheque, payable to Vasey RSL Care, is enclosed (One-off donations only)

☐ Please debit my credit card: number^{*}

☐ Mastercard ☐ VISA

Name on card:^{*} _____

Signature:^{*} _____ Expiry:^{*} ____/____ CVV^{*} ____ (3 digits)

Phone:^{*} _____ Email:[^] _____

Address:[^] _____

^{*} PLEASE PROVIDE THESE DETAILS SO WE CAN PROCESS YOUR DONATION.

[^] PROVIDE ADDRESS &/OR EMAIL IF YOU WOULD LIKE A RECEIPT SENT.

[#] WE WILL BE IN TOUCH TO SET UP YOUR REGULAR DONATION. PLEASE ENSURE YOU PROVIDE YOUR PREFERRED CONTACT DETAILS.

Or, donate online:

vaseyrslcare.org.au/donate/



SPRING 2025

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Patron: The Honourable Margaret Gardner AC, Governor of Victoria

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Home Care & Veterans Home Care 03 9810 5570 | Ex-Service Housing & Veteran Support 03 9810 5500 (opt 2) | The V Centre 03 9810 5589

Residential Aged Care: Brighton 03 9596 7485 | Brighton East 03 9519 3400 | Bundoora 03 9466 9615 | Frankston South 03 9787 2844