

ANZAC Day Therapy Centre, Brighton



ANZAC Day Therapy Centre has a rich history of providing services to the veteran community.

Most recently we received Commonwealth Day Therapy Centre Funding as a result of the merger between Vasey Housing and RSL Care, which has enabled us to provide a richer program focusing on both individual and group based activities.

Days of Operation

Monday to Friday 10.00am to 3.00pm

Staffing

The Centre is managed by an Occupational Therapist. There are also two highly skilled activity staff, a physiotherapist and massage therapist (currently a pilot project).

Transport

Holders of a DVA Gold Card, who live within the boundaries set by Warrigal Road and Princes Highway, are currently entitled to free taxi transport provided by the DVA.

Non-DVA clients are required to pay for taxis or to provide their own transport.

Eligibility

Mixed groups of men and women run on Mondays and Wednesdays, with the rest of the week being men-specific. It is not necessary to be an ex-service person to attend the Centre.

Cost

Currently the only cost involved is \$7 for a two-course meal at lunchtime.

Referral Process

Clients can be referred for individual or group physiotherapy or physiotherapy in conjunction with the general program.

When referring a client for the whole day program, referral sources have the choice of using the SCOT tool or the Day Centre specific form. We ask that adequate physiotherapy information is included in these forms if you are referring a client for both the general day program and individual physiotherapy.

Once the form is received we will contact the client to arrange an initial interview in order to determine the day which best meets their needs. Referral sources are notified of the outcome, if requested.

Waiting List

As of February 2006 there is no waiting list for individual physiotherapy and Friday is the only general program day currently at capacity. We anticipate that in time there will be a waiting list for individual physiotherapy services.

Outline of the General Program

The focus of each day is built around the level of support and structure the attending clients require.

Several days are designed for people of higher need, another is dedicated to those clients who benefit from more inbuilt challenges. Activities, other than the inbuilt exercise program, include gross motor games, cognitive games, a woodwork room and other "work-based" activities, as well as artistic pursuits.

As a general rule we are unable to provide frequent hands-on assistance for clients with high ADL needs.

Further information

For further information please contact:

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