

# **ANZAC Day Therapy Centre Brighton**



ANZAC Day Therapy Centre has a rich history of providing services to the veteran community. Therapy is provided in a culturally accepting and supportive environment for veterans from WW2, Korea, Malaya and Vietnam, and also for war widows.

The Centre works in partnership with the client, carers and other health professionals to help maximize client independence and assist client and carers to cope with their changing needs.

## **Days of Operation**

**Monday - 10 am to 12 noon**  
**Tuesday to Friday - 10am to 3.00pm**

We are closed on weekends and public holidays, and for 3 weeks over Christmas.

## **Staffing**

The centre is managed by an occupational therapist. There are also two skilled activity staff, a physiotherapist and a massage therapist (one day per week) who provide a holistic team based approach to health care.

## **Transport**

Free DVA taxi transport is provided to holders of a DVA Gold Card if they live within the boundaries set by Warrigal Road and Princes Highway. Non DVA clients are required to pay for taxis or to provide their own transport.

## **Eligibility**

Preference is given to an entitled veteran or war widow, or, an aged person from the community referred for specific treatment. Clients must be independent in personal activities of daily living. Clients with high care level of needs are generally not accepted.

## **Cost**

The Day Therapy centre is funded by the Commonwealth Department of Health & Ageing.

There is a nominal charge for services provided by the Day Therapy Centre:  
\$10 for full day including 2 course hot lunch / \$5 for half day

### **Referral**

Referrals are accepted from a wide range of community health providers, families or clients themselves. Referrers have the choice of using the SCOTT or the ANZAC Day Therapy Centre specific form.

Once the form is received we will contact the client to arrange an initial interview in order to determine the day which best meets their needs. Referral sources are notified of the outcome, if requested.

### **Waiting List**

In the event of all Day Therapy Centre places being filled clients will be placed on a prioritized waiting list. We endeavour to start a program with a new client as soon as possible after receiving a referral.

### **Outline of the General Program**

The focus of each day is built around the level of support and structure the attending clients require. Three days provide male specific programs and one day is a mixed male/female group. The Monday morning exercise program is female specific.

### **Further Information**

**For further information please contact:**

Ann Leembruggen  
Vasey RSL Care Ltd  
ANZAC Day Therapy Centre  
21 Downes Avenue, Brighton Vic 3186  
T 95964258  
[ann.leembruggen@vaseyrslcare.org.au](mailto:ann.leembruggen@vaseyrslcare.org.au)